November 2024 Featured Events

Pacific Opera Event

Friday, November 8th at 11:00 am, Theater. **Wellness Dimensions:** Social, Emotional

Join us for Coloratura: Songs of Love. This romantic program will delight our community with opera and Musical Theatre tunes. Through the magic of voices and piano, the Pacific Opera Coloratura artists will offer charming performances and invite audiences to sing along to some classic melodies. Sign up early for this event on InTouch Link. Space is limited!

Best Coast Big Band

Tuesday, November 12th at 6:45 pm, Lobby. Wellness Dimensions: Social, Emotional

Join us tonight at Tapestry for a special performance by Keith Fraser and the Best Coast Big Band! From 6:45 PM, immerse yourself in a lively evening of music and dancing with this talented ensemble. With free admission, it's the perfect opportunity to experience this musical treat. Don't miss out!

Tapestry Tales Presentation

Thursday, November 15th at 3:00 pm, Theater. **Wellness Dimensions:** Social, Emotional, Occupational Join us for a special presentation of our residents' chapbook! This event will feature a collection of original writings, showcasing the creativity and unique voices of our community. Residents will share selections from the chapbook, offering an inspiring glimpse into their stories, poems, and reflections. Don't miss this opportunity to celebrate their achievements and enjoy an afternoon of literary talent.

Give the Gift of Music Fundraiser

Friday, November 22nd at 3:00 pm, Theatre. **Wellness Dimensions:** Social, Emotional, Occupational Be part of something truly special with Give the Gift of Music, a heartwarming fundraiser featuring young talents from the Victoria Conservatory of Music. Our goal is to raise \$10,000 to ensure that every child, no matter their background, has access to music education, quality instruments, and support. Join us and make a difference—let's change lives through the gift of music.

American Thanksgiving Dinner

Thursday, November 28th at 5:30 pm, Restaurant. Wellness Dimensions: Social, Emotional

Celebrate a memorable evening with us in the restaurant as we host our inaugural American Thanksgiving dinner. It is the perfect opportunity to invite your family and friends to share in the joy of gratitude and togetherness. We look forward to celebrating this special occasion with you! **\$50 per person. No discount. Food and beverage credit applies**.

DiscoverTapestry.com

Tapestry at Victoria Harbour



Hello, November! 2024

"November: Where gratitude meets grace."



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NOVEMBER 2024									
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
Tapestry® Embrace a New Age ™	LOCATION Car (C) Games Room (GR) James Bay Dining Room (JBDR) James Bay Room (JBR) Lobby (L) Pub (P) Restaurant (RES) Theatre (THR) Walk (W)				9:00am Flexibility & Posture (JBR) 10:45am Shopping Shuttle (C) 12:30pm A La Carte Car Service (C) 2:00pm Canasta (GR) 4:00pm Pub Night Happy Hour! (P) 4:00pm Mexican Train (GR)	9:00am Strength Interval Training 2 with Liz (JBR) 2:00pm Rummikub In the Games Room! (GR) 2:30pm Indoor Lawn Bowling! (JBR)			
11:30am Walks with Wellness: Duo Cafe Bakery (L) 3:00pm **NEW** Strength Exercises (JBR) 4:00pm Sunday Games! (P) 7:00pm Sunday Classical Interlude (L)	9:00am TheraBand Class (JBR) 10:30am Shopping Shuttle (C) 1:00pm Sip & Stitch (L) 2:30pm Western Mahjong (GR) 3:30pm Ping-Pong with Taizi! (JBR) 7:00pm Beginners' Bridge Practice (GR)	9:00am Balance & Core (JBR) 3:00pm **NEW** Mobility & Coordination (JBR) 3:00pm Mexican Train (GR)	9:00am Strength Exercises (JBR) 9:00am A La Carte Car Service (C) 1:30pm Bridge Game (GR) 2:00pm Sip & Paint: Driftwood Creations (JBR) 4:00pm Pub Night Happy Hour! (P)	9:00am Mobility & Coordination 7 (JBR) 11:30am Workshop series: Creative Jumpstarts with Monika Davies (JBDR) 1:30pm Indoor Pickleball! (JBR) 2:00pm Canasta (GR) 3:00pm **NEW** Balance & Core (JBR) 3:45pm Meditation with Jill (JBR)	9:00am Flexibility & Posture (JBR) 10:45am Shopping Shuttle (C) 11:00am Pacific Opera Event! (THR) 12:30pm A La Carte Car Service (C) 2:00pm Canasta (GR) 4:00pm Pub Night Happy Hour! (P) 4:00pm Mexican Train (GR)	9:00am Strength Interval Training 9 with Liz (JBR) 10:30am Walk Strong: Weekend Warrior Challenge (L) 2:00pm Rummikub In the Games Room! (GR) 2:30pm Indoor Lawn Bowling! (JBR) 5:05pm Tech Talk with Jiro (JBR)			
3:00pm**NEW** Strength Exercises (JBR) 4:00pm Sunday Games! (P) 7:00pm Sunday Classical Interlude (L)	Remembrance Day 9:00am TheraBand Class (JBR) 10:30am Shopping Shuttle (C) 11:00am Remembrance Day Showcase (L) 1:00pm Sip & Stitch (L) 2:30pm Western Mahjong (GR) 3:30pm Ping- Pong (JBR) 7:00pm Beginners' Bridge Practice (GR)	9:00am Balance & Core (JBR) 11:00am Emergency Preparedness with Special Guest Speaker Doug Clarke (THR) 3:00pm **NEW** Mobility & Coordination (JBR) 3:00pm Mexican Train (GR) 4:15pm Intro to Ballet (JBR) 6:45pm Best Coast Big Band TONIGHT (L)	9:00am Strength Exercises (JBR) 9:00am A La Carte Car Service (C) 1:30pm Bridge Game (GR) 4:00pm Pub Night Happy Hour! (P)	9:00am Mobility & Coordination (JBR) 11:30am Workshop series: Creative Jumpstarts with Monika Davies (JBDR) 1:30pm Indoor Pickleball! (JBR) 2:00pm Canasta (GR) 3:00pm **NEW** Balance & Core (JBR) 3:45pm Meditation with Jill (JBR)	9:00am Flexibility & Posture (JBR) 10:45am Shopping Shuttle (C) 12:30pm A La Carte Car Service (C) 2:00pm Canasta (GR) 3:00pm Tapestry Tales Presentation (THR) 4:00pm Pub Night Happy Hour! (P) 4:00pm Mexican Train (GR)	9:00am Strength Interval Training with Liz (JBR) 10:30am Walk Strong: Weekend Warrior Challenge (L) 2:00pm Rummikub In the Games Room! (GR) 2:30pm Indoor Lawn Bowling! (JBR)			
11:30am Walks with Wellness: Deer & Dough Bakery Cafe (L) 3:00pm **NEW** Strength Exercises (JBR) 4:00pm Sunday Games! (P) 7:00pm Sunday Classical Interlude (L)	9:00am TheraBand Class (JBR) 10:30am Shopping Shuttle (C) 1:00pm Sip & Stitch (L) 2:30pm Western Mahjong (GR) 3:30pm Ping-Pong with Taizi! (JBR) 7:00pm Beginners' Bridge Practice (GR)	9:00am Balance & Core (JBR) 2:00pm Resident General Meeting (THR) 3:00pm **NEW** Mobility & Coordination (JBR) 3:00pm Mexican Train (GR) 4:00pm Book Club: The River Midnight by Lillian Natal	9:00am Strength Exercises (JBR) 9:00am A La Carte Car Service (C) 1:15pm Tea For Tutu: The Gift of The Nutckracker (W) 1:30pm Bridge Game (GR) 4:00pm Pub Night Happy Hour! (P)	9:00am Mobility & Coordination (JBR) 11:30am Workshop series: Creative Jumpstarts with Monika Davies (JBDR) 1:30pm Indoor Pickleball! (JBR) 2:00pm Canasta (GR) 3:00pm **NEW** Balance & Core (JBR) 3:45pm Meditation with Jill (JBR)	9:00am Flexibility & Posture (JBR) 10:45am Shopping Shuttle (C) 12:30pm A La Carte Car Service (C) 2:00pm Canasta (GR) 3:00pm Give the Gift of Music Fundraiser (THR) 4:00pm Pub Night Happy Hour! (P) 4:00pm Mexican Train (GR)	9:00am Strength Interval Training with Liz (JBR) 10:30am Walk Strong: Weekend Warrior Challenge (L) 2:00pm Rummikub In the Games Room! (GR) 2:30pm Indoor Lawn Bowling! (JBR) 5:05pm Tech Talk with Jiro (JBR)			
11:30am Walks with Wellness: Saint Cecilia Coffee (L) 3:00pm **NEW** Strength Exercises (JBR) 4:00pm Sunday Games! (P) 7:00pm Sunday Classical Interlude (L)	9:00am TheraBand Class (JBR) 10:30am Shopping Shuttle (C) 1:00pm Sip & Stitch (L) 2:30pm Western Mahjong (GR) 3:30pm Ping-Pong with Taizi! (JBR) 7:00pm Beginners' Bridge Practice (GR)	9:00am Balance & Core (JBR) 11:00am Tapestry Masterclass Series: Liz Baggs (THR) 3:00pm **NEW** Mobility & Coordination (JBR) 3:00pm Mexican Train (GR) 4:15pm Intro to Ballet (JBR)	9:00am Strength Exercises (JBR) 9:00am A La Carte Car Service (C) 10:00am Topics of Interest Discussion Group (JBDR) 1:30pm Bridge Game (GR) 4:00pm Pub Night Happy Hour! (P)	9:00am Mobility & Coordination (JBR) 11:30am Workshop series: Creative Jumpstarts with Monika Davies (JBDR) 1:30pm Indoor Pickleball! (JBR) 2:00pm Canasta (GR) 3:00pm **NEW** Balance & Core (JBR) 3:45pm Meditation with Jill (JBR) 5:30pm American Thanksgiving DInner (RES)	9:00am Flexibility & Posture (JBR) 10:45am Shopping Shuttle (C) 12:30pm A La Carte Car Service (C) 2:00pm Canasta (GR) 4:00pm Pub Night Happy Hour! (P) 4:00pm Mexican Train (GR)	9:00am Strength Interval Training with Liz (JBR) 11:00am Royal BC Museum Presents: WinterFest! (W) 2:00pm Rummikub In the Games Room! (GR) 2:30pm Indoor Lawn Bowling! (JBR)			